



**Nondiscrimination Statement:** This institution is an equal opportunity employer.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

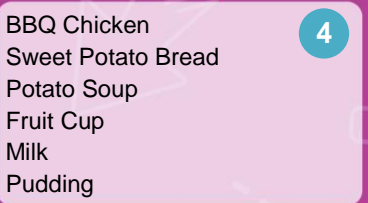
### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Pizza  
Roasted Corn  
Mixed Fruit  
Milk

White Chicken Chili  
Pinto Beans & Cheese  
Green Beans  
Mixed Berry Cup  
Milk

Mandarin Orange Chicken  
Fried Rice  
Edamame  
Vegetable Medley  
Peach Cup  
Milk

Pasta Bake  
Breadstick  
Side Salad  
Roasted Cauliflower  
Orange Slices  
Milk

Deli Sandwiches  
Chicken Noodle Soup  
Savory Carrots & French Fries  
Pineapple  
Milk  
Ice Cream

Chicken Quesadilla  
Black Bean Salsa  
Buffalo Roasted Cauliflower  
Kiwi  
Milk  
Chocolate Chip Cookie

Nachos  
Spinach Salad  
Refried Beans  
Mandarin Oranges  
Milk

Fish Poppers  
Mac & Cheese  
Broccoli  
Grapes  
Milk

Honey Glazed Ham w/ Roll  
Green Beans  
Mashed Potatoes  
Applesauce  
Milk  
Brownie

Hamburgers w/ Trimmings  
Sweet Potato Fries  
Broccoli Salad  
Mixed Fruit  
Milk



Rondos  
Broccoli  
French Fries  
Mixed Fruit Cup  
Milk  
Rice Krispy Treat

Hot Dog OR Corndog  
Carrots w/ Dip  
Baked Beans  
Pineapple  
Milk

Popcorn Chicken  
Roll  
Chili Roasted Sweet Potato  
Lima Beans  
Grapes  
Milk

Chili Three Way  
Superfood Salad  
Oven Roasted Corn  
Fruit Salad  
Milk

Pizza  
French Fries  
Spinach Salad  
Mixed Fruit  
Milk

Chicken Tenders  
Cornbread  
Savory Carrots  
Green Beans  
Apple Slices  
Milk

Grilled Cheese  
Tomato Soup  
Tater Tots  
Side Kick  
Milk

Spaghetti & Meat Sauce  
Roasted Cauliflower  
Veggies w/ Hummus  
Diced Pears  
Milk  
Sugar Cookie

