

Spring 2020
Kenton County Aquatics
Scott High School

Session 1: March 24-April 16 (no classes the week of 4/6)

Tuesdays and Thursdays 6:00pm-8:30pm

3 week program

6 sessions

\$50 per child

Ages 4-16



Student Name: _____ Age: _____

Address: _____ Zip: _____

School: _____ Grade: _____

Parent's Name: _____ Phone: _____

Parent's Email: _____

Class Level: (circle the appropriate level based on attached descriptions)

Level 1

Level 2

Level 3

Level 4

- Each level is limited to the first 30 registrants per level
- Mail or drop off payment and registration to Scott High School
- Make checks payable to Kenton County Board of Education
- Contact Aquatics Coordinator Sandy Arnold to reserve a spot at sandra.arnold@kenton.kyschools.us 859-356-3146 ext. 11605

Scott High School
Attn: Aquatics Coordinator
5400 Old Taylor Mill Road
Taylor Mill, Ky 41015

Special Notice:

Individual medical insurance is not provided by the Kenton County Board of Education. If you and/or your family are not covered by a medical insurance plan, the purchase of such coverage is advisable

Financial obligations incurred for medical services resulting from an injury received while participating in this program cannot be borne by the school or the Kenton County Board of Education.

Signature of participant/parent

Date

Swim Lesson Levels

****If you are unsure of which level your child should be placed in, please call the Aquatics Coordinator. We reserve the right to move a child into the correct level upon initial assessment****

Level 1: 6:00-6:30pm

Introduces children to basic water and safety skills. Children will work on basic bubble blowing and increase their comfort level in the water. Level 1 is designed for children who will not put their face in the water or go under voluntarily.

Level 2: 6:40-7:10pm

Teaches children the basics of floating and water safety. Children will learn floating on their front and back and will begin working on both arm and leg action on their front and back. Children in this class need to be comfortable placing their face in the water, and will go under voluntarily. They should possess a comfort of floating on their front or back with assistance.

Level 3: 7:20-7:50pm

This level will work on freestyle, backstroke, and treading water. Children should be comfortable placing their face in the water, going under water, and able to float without assistance. They should possess a basic knowledge of kicking with or without assistance on their stomach and back.

Level 4: 8:00-8:30pm

This is an advanced level which will focus on technique and endurance. Children must be able to swim a 25 yard freestyle and 25 yard backstroke with no assistance. Children must be able to demonstrate the basic knowledge of proper swim breathing technique. Children will be introduced to flip turns and diving from the start block. A swim assessment will be performed before the class begins to assure the child is eligible for this swim level.