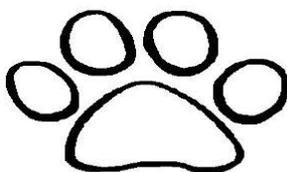


Kenton Elementary News



December 2, 2019



CATS Expectations and Behavior BLITZ

This week kicked off our Behavior Blitz starting with Bus Expectations! Students modeling Rock Star Bus Expectations will earn BLUE paw prints from their bus drivers to be entered in a drawing for a prize. Two students from each class will be pulled from a drawing. The more BLUE paw prints a student earns, the better their chances are at winning! The school-wide Behavior BLITZ will begin December 9th and run thru December 19th.

Please review CATS expectations for bus behavior with your child at home.

- Stay seated
- Talk at a voice level 2
- Obey driver
- Practice Safety Rules

Open Enrollment / Tuition Application Window

The open enrollment and tuition application window for the Kenton County School District is December 2, 2019 – January 17, 2020.

- Current open enrollment/tuition students were given an application to take home.
- The deadline to return applications is 1/17/20.
- Applications received after 1/17 will NOT be accepted.
- Applications will only be considered if there is adequate space at the grade level requested.
- Student grades, attendance, behavior, and parent cooperation with the school are also determining factors.
- Need an application? It can be accessed on the Kenton County website.
<https://www.kenton.k12.ky.us/userfiles/12498/my%20files/201912020811.pdf?id=67214>
- Questions? Call 859-356-3781

Yearbook Orders

Don't forget to order your 2019-2020 Kenton Elementary School Yearbook. Orders can be placed online at jostensyearbooks.com or by calling 1-877-767-5217. The yearbooks are \$15.

Save the Dates!

- The students will have an opportunity to visit the SANTA Shop the week of **December 2 – 6th** at scheduled times. Prices will range from \$0.25 - \$12.00.
- Thursday, **December 5th** is **Family Holiday Fest:** 6:00-8:00 PM
- Big Smiles Dentists are coming to school on **January 15th**. If you are interested in these services for your child please have the forms that were sent home back to school by December 2nd. Or you can go online and fill out the form here: https://www.myschooldentist.com/KEKCKY_schsrn
- The Fraternal Order of Police will be holding a food drive at our school the week of **December 9th - 13th**. This food drive collects food for our Kenton families who are in need during the Holiday season. Parents please be on the look-out for a flyer to be coming home.

Important Reminders

Please remember to walk your child into the office if they are late. Do not drop students off at the front doors.

In order to avoid interrupting instructional time, lunches and other items that are dropped off at school will be left in the office. Each class has a designated representative to check the office each day. Thank you for your understanding.

CATS



C- Commitment

A- Achievement

T – Team Work

S- Self Control

SBDM Council Information (REPEAT)

The Kenton Elementary School population has now reached a minority student population of 8%. Therefore, the SBDM (School-Based Decision Making) Council does need a minority parent member to serve on the council.

The purpose of the Council is to impact student achievement. If you would like to be a member of the SBDM council to help students at Kenton Elementary, we are in need of a minority member, at this time.

Please notify Mrs. Coleman if you are interested or have questions about the definition of a parent, minority or other eligibility factors to run as a minority parent. Mrs. Coleman can be reached at mindy.coleman@kenton.kyschools.us or at 859-356-3781. The deadline for notification is 4:00 p.m. on December 20, 2019.

A Note from the Nurse....Let's Talk Flu

Flus are usually most rampant in fall and winter, but there are now waves of flus occurring year-round - even in summer. There's typically a new flu on the horizon every six weeks – why is that? The flu virus is able to rapidly mutate letting it escape from the immune system's memory and this explains why people can be repeatedly re-infected with flu.

Because there are different strains of the flu people experience different symptoms. Some people come down with very high fevers and delirium, while others run low-grade fevers and go about their lives with little disruption. The strength of someone's immune system is another factor in how one responds to the flu.

Steps to keep your immune system strong.

- Practice good self-care —and especially get adequate sleep—if you notice yourself feeling run down, tired, frazzled or stressed.
- Be mindful of your hands, and wash them regularly throughout your day. Shaking hands, pushing shopping carts and opening doors are among the ways your hands come into contact with germs. Keep your fingers and hands away from your eyes, mouth and face (where viruses can enter your body) whenever possible.
- Carry handi-wipes when you're out. When you're at a restaurant, wipe down your hands before you eat, or better yet, wash them with warm soapy water. If you're getting on an airplane, wipe down your seat and armrest.
- When you're eating out, opt for piping hot dishes instead of raw dishes like salads. The heat from a very hot dish can help kill off a flu virus that might have contaminated your food.
- **Fresh Fruit, Leafy Greens & Vegetable Juices** offer a plethora of different nutrients and antioxidants your body needs to heal and to keep strong.
- Talk to your health care provider about high quality supplements that keep your immune system strong year-round. This can help prevent illness and speed recovery time if you do get sick.

You probably plug in and charge up your phone or computer every day. Next time you plug in your device, ask yourself how you can regularly charge up your immune system as well. The more you use protective tools and strengthen your immune system, the more likely you are to avoid the next nasty flu that cycles through your area.

